



Date reviewed January 2022

Date adopted July 2022

Highmark Blue Cross Blue Shield of Western New York partners with Amerigroup companies to administer certain services to Medicaid Managed Care (MMC) and Child Health Plus (CHPlus) members. Please note, this information is specific to the MMC and CHPlus programs only.

Table of Contents:

ADULT HEALTH

INFECTIOUS DISEASE

PEDIATRIC/ADOLESCENT HEALTH

SUBSTANCE USE

WOMENS HEALTH

OTHER-TECHNOLOGY

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|---|----------------------------|------------------------|---|
| ADULT HEALTH Return to table of contents | | | |
| Adjustment Disorder | Adjustment Disorder (2017) | Johns Hopkins Medicine | https://www.hopkinsguides.com/hopkins/view/Johns_Hopkins_Psychiatry_Guide/787068/all/Adjustment_Disorder#3.0 |

Updated:
Commercial/Exchange Quality Improvement Committee
Quality Improvement Committee (GBD)
CPGs are applicable to all LOBs

<https://providerpublic.mybcbswny.com>

Amerigroup Partnership Plan, LLC provides management services for Highmark Blue Cross Blue Shield of Western New York's managed Medicaid. Amerigroup Partnership Plan, LLC brinda servicios administrativos para Medicaid administrado de Highmark Blue Cross Blue Shield of Western New York.

Highmark Blue Cross Blue Shield of Western New York is a trade name of Highmark Western and Northeastern New York Inc., an independent licensee of the Blue Cross Blue Shield Association. Highmark Blue Cross Blue Shield of Western New York es un nombre comercial de Highmark Western y Northeastern New York Inc., un licenciario independiente de Blue Cross Blue Shield Association.

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|---------------------------------------|--|--|--|
| Alzheimer's Disease / Dementia | Practice Guideline for the Treatment of Patients with Alzheimer's Disease and Other Dementias (Guideline Watch October 2014) | American Psychiatric Association (APA) | https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/alzheimerwatch.pdf |
| | American Psychiatric Association Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis in Patients with Dementia (July 2018) | American Psychiatric Association | https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9780890426807 |
| Anxiety | Anxiety Disorders (Last Revised July 2018) | National Institute of Mental Health (NIMH) | http://www.nimh.nih.gov/health/publications/anxiety-disorders/treatment-of-anxiety-disorders.shtml |
| Asthma | Guidelines for the Diagnosis and Management of Asthma (EPR-3) (August 2007) 2020 Focused Updates to the Asthma Management Guidelines: A Report from the | National Heart, Lung and Blood Institute (NHLBI) | https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|---|--|---|---|
| | National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group | | |
| | Asthma Clinical Practice Guidelines (2019) | Global Initiative for Asthma (GINA) | https://ginasthma.org/ |
| Behavioral Health Screening, Assessment and Treatment | The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults 3rd edition (August 2015) | American Psychiatric Association (APA) | https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890426760.pe02 |
| Bipolar Disorder* * addresses diagnosis and treatment of bipolar disorder in special populations such as children and adolescents | CANMAT and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder | Canadian Network for Mood and Anxiety Treatments (CANMAT) | https://www.canmat.org/2019/03/27/2018-bipolar-guidelines/ |

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|--------------------------------------|---|--|---|
| Coronary Artery Disease (CAD) | AHA / ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease (November 2011 Update) | American Heart Association/ American College of Cardiology Foundation (AHA/ACCF) | https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d |
| | Treatment of Hypertension in Patients With Coronary Artery Disease (March 2015) | American Heart Association, American College of Cardiology, and American Society of Hypertension | https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000207 |
| | AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease: 2011 Update | American Heart Association and American College of Cardiology Foundation | https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d |
| | Effectiveness-Based Guidelines for the Prevention of | American Heart Association (AHA) | https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e31820faaf8 |

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|-----------------------|--|--|---|
| | Cardiovascular Disease in Women- 2011 Update (February 2011) | | |
| | ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease (2019) | American College of Cardiology/American Heart Association (ACC/AHA) | https://www.jacc.org/doi/pdf/10.1016/j.jacc.2019.03.010 |
| | 2021 AHA/ACC/ASE/CHEST/SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain | American College of Cardiology/ American Heart Association/ Society of Cardiovascular Computed Tomography / Society for Academic Emergency Medicine / Society for Cardiovascular Magnetic Resonance / American College of Chest Physicians / American Society of Echocardiography / American Heart | https://www.jacc.org/doi/pdf/10.1016/j.jacc.2021.07.053 |
| | 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization | American College of Cardiology /American Heart Association /Society for Cardiovascular Angiography and Interventions | https://www.jacc.org/doi/10.1016/j.jacc.2021.09.006?_ga=2.60669549.1356655696.1641505900-317854238.1639608139 |
| Celiac Disease | ACG Clinical Guidelines: Diagnosis and Management of Celiac Disease | American College of Gastroenterology | ACG Celiac 2013 |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|-------------------------------------|---|--|---|
| | (April 2013) | | |
| Chronic Kidney Disease (CKD) | The National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI) [™] evidence-based clinical practice guidelines for all stages of chronic kidney disease (CKD) and related complications | National Kidney Foundation | https://www.kidney.org/professionals/guidelines/guidelines_commentaries |
| | Chronic Kidney Disease: Detection and Evaluation (2017) | American Academy of Family Physicians (AAFP) | https://www.aafp.org/afp/2017/1215/p776.html |
| | National Chronic Kidney Disease Fact Sheet (2017) | Centers for Disease Control and Prevention (CDC) | https://www.cdc.gov/diabetes/pubs/pdf/kidney_factsheet.pdf |
| | KDIGO (Kidney Disease Improving Global Outcomes) 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease | International Society of Nephrology | https://kdigo.org/guidelines/ckd-evaluation-and-management/ |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|---|---|---|---|
| | (January 2013) KDIGO (Kidney Disease Improving Global Outcomes) 2017 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease (July 2017) | International Society of Nephrology | https://kdigo.org/wp-content/uploads/2017/02/2017-KDIGO-CKD-MBD-GL-Update.pdf |
| Chronic Obstructive Pulmonary Disease (COPD) | Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease | Global Initiative for Chronic Obstructive Lung Disease (GOLD) | http://goldcopd.org/gold-reports/ |
| Depression | Depression in Adults: Screening (January 2016) | U.S. Preventive Services Task Force (USPSTF) | https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/depression-in-adults-screening |
| | CANMAT Clinicians Guidelines 2016 Depression Guidelines | Canadian Network for Mood and Anxiety Treatments (CANMAT) | https://www.canmat.org/2019/03/17/2016-depression-guidelines/ |
| | Nonpharmacologic Versus Pharmacologic | American College of Physicians (ACP) | https://annals.org/aim/fullarticle/2490527/nonpharmacologic-versus-pharmacologic-treatment-adult-patients-major- |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|---|--|--|---|
| | Treatment of Adult Patients With Major Depressive Disorder: A Clinical Practice Guideline From the American College of Physicians (2016) | | depressive-disorder-clinical?_ga=2.240375883.977749235.1576523219-1562492790.1557437793 |
| | Depression in adults: recognition and management Clinical Guideline CG90 (Updated April 2018). | National Collaborating Centre for Mental Health <i>commissioned by the</i> National Institute for Health & Clinical Excellence | https://www.nice.org.uk/guidance/cg90 |
| Diabetes | Standards of Medical Care in Diabetes (January 2022) | American Diabetes Association (ADA) | https://diabetesjournals.org/care/issue/45/Supplement_1 |
| Gender-Dysphoria/ Incongruence | Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society* Clinical Practice Guideline (September 2017) | The Endocrine Society | https://academic.oup.com/jcem/article/102/11/3869/4157558?login=true |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|---------------------------|--|---|---|
| | Correction to Clinical Practice Guideline (February 2018) | | https://academic.oup.com/jcem/article/103/2/699/4675081 |
| | Correction to Clinical Practice Guideline (July 2018) | | https://academic.oup.com/jcem/article/103/7/2758/5036711 |
| Fall Risk | Falls Prevention in Community-Dwelling Older Adults: Interventions | U.S. Preventive Services Task Force (USPSTF) | https://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/falls-prevention-in-older-adults-interventions1 |
| | Evidence –Based Falls Prevention Programs: Resources for Professionals and Advocates | National Council on Aging | https://www.ncoa.org/older-adults/health/prevention/falls-prevention |
| Heart Failure (HF) | 2013 ACCF/AHA guideline for the management of heart failure: a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines/ Heart Failure Society of America (ACCF/ AHA/HFSA) | American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines/ Heart Failure Society of America (ACCF/ AHA/HFSA) | https://www.jacc.org/doi/pdf/10.1016/j.jacc.2013.05.019 |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|-----------------------|--|--|---|
| | Force on Practice Guidelines (October 2013) ACCF/AHA/HFSA Guideline for the Management of Heart Failure (Focused Update 2017) | | http://www.onlinejacc.org/content/70/6/776?_ga=2.23313085.667318568.1514996759-679389624.1511900706 |
| Hyperlipidemia | 2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC,NLA/PCNA Guideline on the Management of Blood Cholesterol (October 2018) | American College of Cardiology/American Heart Association/ American Association of Cardiovascular and Pulmonary Rehabilitation/American Academy of Physician Assistants/Association of Back Cardiologists/American College of Preventive Medicine/American Diabetes Association/American Geriatrics Society/American Pharmacists Association/ American Society of Preventive Cardiology/National Lipid Association/Preventive Cardiovascular Nurses Association (ACC/AHA/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA) | https://www.acc.org/~media/Non-Clinical/Files-PDFs-Excel-MS-Word-etc/Guidelines/2018/Guidelines-Made-Simple-Tool-2018-Cholesterol.pdf |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|----------------------|---|---|---|
| Hypertension | ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults (November 2017) Correction to Guideline (May 2018) | American College of Cardiology (ACC)/ American Heart Association (AHA)/ American Academy of Physician Assistants (AAPA)/ Association of Black Cardiologists (ABC)/ American College of Preventive Medicine (ACPM)/ American Geriatrics Society (AGS)/ American Pharmacists Association (APhA)/ American Society of Hypertension (ASH)/ American Society for Preventive Cardiology (ASPC)/ National Medical Association (NMA)/ Preventive Cardiovascular Nurses Association (PCNA) | http://www.onlinejacc.org/content/early/2017/11/04/j.jacc.2017.11.006?sso=1&sso_redirect_count=1&access_token= http://www.onlinejacc.org/content/71/19/2275 |
| Low Back Pain | Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians (2017) | American College of Physicians (ACP) | https://annals.org/aim/fullarticle/2603228/noninvasive-treatments-acute-subacute-chronic-low-back-pain-clinical-practice?_ga=2.247433220.1028399561.1575492235-1562492790.1557437793 |
| Obesity | Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions (September 2018) | U.S. Preventive Services Task Force (USPSTF) | https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/obesity-in-adults-interventions |

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|--|--|---|--|
| | AHA /ACC /TOS Guideline for the Management of Overweight and Obesity in Adults (November 2013) | American College of Cardiology (ACC)/ American Heart Association (AHA) Task Force on Practice Guidelines and The Obesity Society (TOS) | http://circ.ahajournals.org/content/early/2013/11/11/01.cir.000437739.71477.ee |
| Oppositional Defiant Disorder (ODD) | Common Questions About Oppositional Defiant Disorder (April 2016) | American Academy of Family Physicians (AAFP) | https://www.aafp.org/pubs/afp/issues/2016/0401/p586.html |
| Posttraumatic Stress Disorder | Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (February 2017) VA/DOD Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder (V3.2017) | American Psychological Association (APA) Department of Veterans Affairs Department of Defense: The Management of Posttraumatic Stress Disorder Work Group | https://www.apa.org/ptsd-guideline https://www.healthquality.va.gov/guidelines/MH/ptsd/VADoDPTSDCPGFinal012418.pdf |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|-----------------------------|---|---|--|
| | PTSD Screening Instruments | Department of Veterans Affairs: PTSD: National Center for PTSD | https://www.ptsd.va.gov/professional/assessment/screens/index.asp |
| Rheumatoid Arthritis | American College of Rheumatology: Referral Guidelines (August 2015) 2015 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis (October 2015) | American College of Rheumatology (ACR) | https://www.rheumatology.org/Portals/0/Files/Referral%20Guidelines.pdf https://www.rheumatology.org/Portals/0/Files/ACR%202015%20RA%20Guideline.pdf |
| Schizophrenia | Treatment Guidelines: Schizophrenia | Page maintained by the College of Psychiatric & Neurologic Pharmacists (CPNP). Sources include, but not limited to: <ul style="list-style-type: none"> • Agency for Health Research and Quality (AHRQ) • American Academy of Child & Adolescent Psychiatry • American Psychiatric Association (APA) | https://cpnp.org/guideline/external/schizophrenia |

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|---------------------------|--|---|--|
| | | <ul style="list-style-type: none"> Canadian Psychiatric Association National Institute for Health and Clinical Excellence (NICE) Guidelines | |
| Sickle Cell Anemia | Evidence-Based Management of Sickle Cell Disease: Expert Panel Report (September 2014) | National Heart, Lung, Blood Institute (NHLBI) | https://www.nhlbi.nih.gov/health-topics/evidence-based-management-sickle-cell-disease |
| Suicide Risk | SAFE-T: Suicide Assessment Five Step Evaluation and Triage Assessment and Management of Patients at Risk for Suicide (2019) | Suicide Prevention Resource Center (SPRC) Veterans Administration/Department of Defense (VA/DoD) | https://www.sprc.org/resources-programs/suicide-assessment-five-step-evaluation-and-triage-safe-t-pocket-card https://www.healthquality.va.gov/guidelines/mh/srb/index.asp |
| Surgery | Surgical technical evidence review for gynecologic surgery conducted for the Agency for Healthcare Research and Quality Safety Program for Improving Surgical Care and | Agency for Healthcare Research and Quality (AHRQ) | https://www.ajog.org/article/S0002-9378(18)30583-0/pdf |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022
Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|--------------------|---|--|--|
| | Recovery (December 2018) Surgical Technical Evidence Review for Colorectal Surgery Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (October 2017) Surgical Technical Evidence Review for Elective Total Joint Replacement Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (February 2018) | AHRQ AHRQ | https://www.ncbi.nlm.nih.gov/pubmed/28797562 https://journals.sagepub.com/doi/pdf/10.1177/2151458518754451 |
| Trauma Care | A Treatment Improvement Protocol: Trauma-Informed Care in Behavioral Health Services (2014) | Substance Abuse and Mental Health Services Administration (SAMHSA) | https://store.samhsa.gov/product/Trauma-Informed-Care-in-Behavioral-Health-Services/SMA15-4420 |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|---|--|--|--|
| | Trauma-Informed Care in Behavioral Health Services: Treatment Improvement Protocol (TIP) Series | | https://store.samhsa.gov/?f[0]=series:5568 |
| INFECTIOUS DISEASE Return to Table of Contents | | | |
| Chlamydia/ Human Papillomavirus (HPV) | Sexually Transmitted Diseases Treatment Guidelines (2021) | Center for Disease Control and Prevention (CDC) | https://www.cdc.gov/std/default.htm |
| Hepatitis B | AASLD Guidelines for Treatment of Chronic Hepatitis B (August 2015) Update on Prevention, Diagnosis, and Treatment of Chronic Hepatitis B: AASLD 2018 Hepatitis B Guidance (Jan 2018) | American Association for the Study of Liver Diseases (AASLD) | https://aasldpubs.onlinelibrary.wiley.com/doi/epdf/10.1002/hep.28156 https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5975958/pdf/nihms957253.pdf |
| Hepatitis C | HCV Guidance: Recommendations for | Infectious Diseases Society of America (IDSA)/ American Association for the Study of Liver Disease (AASLD) | http://www.hcvguidelines.org/ |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|-------------------|--|---|---|
| | Testing, Managing and Treating Hepatitis C | | |
| | Guidelines for the Screening, Care and Treatment of Persons with Chronic Hepatitis C Infection (April 2016) | World Health Organization (WHO) | http://apps.who.int/iris/bitstream/handle/10665/205035/9789241549615_eng.pdf;jsessionid=569946A6B8399B8CED0D09D7F7A9BD3C?sequence=1 |
| HIV/AIDS | Primary Care Guidelines for the Management of Persons Infected With HIV: 2013 Update by the HIV Medicine Association of the Infectious Diseases Society of America (November 2013) | HIV Medicine Association of the Infectious Diseases Society of America (IDSA) | https://www.idsociety.org/globalassets/idsa/practice-guidelines/primary-care-guidelines-for-the-management-of-persons-infected-with-hiv-2013-update-by-the-hiv-medicine-association-of-the-infectious-diseases-society-of-america.pdf |
| | HIV Guidelines | Centers of Disease Control and Prevention (CDC) | https://www.cdc.gov/hiv/guidelines/index.html |
| | 2017 HIVMA of IDSA Clinical Practice Guideline for the Management of Chronic Pain in Patients Living With HIV | Infectious Diseases Society of America | https://www.idsociety.org/globalassets/idsa/practice-guidelines/2017-hivma-of-idsa-clinical-practice-guideline-for-the-management-of-chronic-pain-in-patients-living-with-hiv.pdf |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|--|---|--|---|
| | (September 2017) | | |
| | HIV and Adolescents: Guidance for HIV testing and counselling and care for adolescents living with HIV (2013) | World Health Organization (WHO) | http://apps.who.int/iris/bitstream/handle/10665/94334/9789241506168_eng.pdf?sequence=1 |
| Upper Respiratory Infections | Treatment of the Common Cold (2019) | American Academy of Family Physicians (AAFP) | https://www.aafp.org/pubs/afp/issues/2019/0901/p281.html |
| | Adult Outpatient Treatment Recommendations (Last reviewed October 3, 2017) | Centers for Disease Control and Prevention (CDC) | https://www.cdc.gov/antibiotic-use/clinicians/adult-treatment-rec.html |
| | Pediatric Outpatient Treatment Recommendations (Last reviewed February 1, 2017) | Centers for Disease Control and Prevention (CDC) | https://www.cdc.gov/antibiotic-use/clinicians/pediatric-treatment-rec.html |
| PEDIATRIC/ADOLESCENT HEALTH (See ADULT HEALTH-Bipolar Disorder for resources for bipolar disorder in the pediatric and adolescent population) | | | |
| Return to Table of Contents | | | |
| Adjustment Disorder | Adjustment Disorder: Collection of Evidence- | Virginia Commission on Youth | http://vcoy.virginia.gov/009%20adj.pdf |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|--|---|---|---|
| | Based Practices, 7 th Edition | | |
| Attention Deficit Hyperactivity Disorder (ADHD) | Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents (October 2019) | American Academy of Pediatrics (AAP) | https://pediatrics.aappublications.org/content/144/4/e20192528 |
| Autism | Practice parameter: Screening and diagnosis of autism (Reaffirmed August 2014) | American Academy of Neurology (AAN) and the Child Neurology Society (CNS) | https://n.neurology.org/content/neurology/55/4/468.full.pdf |
| | Identification Evaluation and Management of Children With Autism Spectrum Disorder (January 2020) | American Academy of Pediatrics (AAP) | https://pediatrics.aappublications.org/content/pediatrics/early/2019/12/15/peds.2019-3447.full.pdf |
| Celiac Disease | Guideline for the Diagnosis and Treatment of Celiac Disease in Children: | North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition (NASPGHAN) | http://www.naspghan.org/files/documents/pdfs/position-papers/celiac_guideline_2004_jpgn.pdf |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|---|--|--|---|
| | Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (January 2005) | | |
| Depression | Depression in Children and Adolescents: Screening (February 2016) | U.S. Preventive Services Task Force (USPSTF) | https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/depression-in-children-and-adolescents-screening |
| | Depression in children and young people: identification and management (updated June 2019) | National Institute for Health and Care Excellence (NICE) | https://www.nice.org.uk/guidance/ng134 |
| Hypertension in Children and Adolescents | Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents (September 2017) | American Academy of Pediatrics (AAP) | http://pediatrics.aappublications.org/content/pediatrics/140/3/e20171904.full.pdf |
| Obesity | Expert Committee Recommendations Regarding the | American Academy of Pediatrics (AAP) | http://pediatrics.aappublications.org/content/120/Supplement_4/S164.full.pdf |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|---|---|---|---|
| | Prevention, Assessment, and Treatment of Child and Adolescent Overweight and Obesity: Summary Report (December 2007) | | |
| | Clinical Report: The Role of the Pediatrician in Primary Prevention of Obesity (July 2015) | American Academy of Pediatrics (AAP) | http://pediatrics.aappublications.org/content/early/2015/06/23/peds.2015-1558 |
| Oppositional Defiant Disorder (ODD) | Fifty years of preventing and treating childhood behavior disorders: a systematic review to inform policy and practice (April 2017) | National Institute of Health (NIH) PubMed | https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5950520/ |
| Pharmacologic Monitoring of Antipsychotics | Canadian Alliance for Monitoring Effectiveness and Safety of Antipsychotics in Children (CAMESA) Guidelines (2011) | Canadian Institutes of Health Research | http://comesaguideline.org/#:~:text=The%20Canadian%20Alliance%20for%20Monitoring%20Effectiveness%20and%20Safety%20of%20Antipsychotic,Canadian%20Institutes%20of%20Health%20Research. |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|-------------------|--|--|---|
| SUBSTANCE USE | | Return to Table of Contents | |
| | Medication-Assisted Treatment of Adolescents With Opioid Use Disorders (September 2016) | American Academy of Pediatrics (AAP) | http://pediatrics.aappublications.org/content/early/2016/08/18/peds.2016-1893 |
| | American Society of Addiction Medicine Consensus Statement - Appropriate Use of Drug Testing in Clinical Addiction Medicine (Reviewed December 2019) | American Society of Addiction Medicine | https://www.asam.org/quality-care/clinical-guidelines/drug-testing |
| | Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (November 2018) | U.S. Preventive Services Task Force (USPSTF) | https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions |
| | CDC Guideline for Prescribing Opioids for Chronic Pain — United States (March 2016) | Centers for Disease Control and Prevention (CDC) | http://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|-------------------|--|--|---|
| | Erratum for report (March 2016) | | https://www.cdc.gov/mmwr/volumes/65/wr/mm6511a6.htm?s_cid=mm6511a6_w.htm |
| | American Society of Addiction Medicine Clinical Practice Guideline on Alcohol Withdrawal Management (2020) | American Society of Addiction Medicine | https://www.asam.org/docs/default-source/quality-science/the_asam_clinical_practice_guideline_on_alcohol-1.pdf?sfvrsn=ba255c2_2 |
| | American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder (Reviewed 2020) | American Psychiatric Association | https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9781615371969 |
| | American Pain Society and College on Problems of Drug Dependence Methadone Safety: A Clinical Practice Guideline from the American Pain Society and College on Problems of Drug Dependence, in | American Pain Society and College on Problems of Drug Dependence | https://www.sciencedirect.com/science/article/abs/pii/S1526590014005227?via%3Dihub |

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|----------------------------|--|--|---|
| | Collaboration with the Heart Rhythm Society (July 2018) | | |
| | The National Practice Guideline for the Treatment of Opioid Use Disorder – 2020 Focused Update | American Society of Addiction Medicine | https://www.asam.org/quality-care/clinical-guidelines/national-practice-guideline |
| Cigarette Cessation | Medication-Assisted Treatment (MAT) (Last Updated February 2018) | Substance Abuse Mental Health Services Administration (SAMHSA) | https://www.samhsa.gov/medication-assisted-treatment |
| | Relearn Life Without Cigarettes | National Alliance for Tobacco Cessation (NATC) | https://www.becomeanex.org/ |
| | Identifying and Treating Patients Who Use Tobacco (July 2017) | U.S. Department of Health and Human Services | https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action-Guide.pdf |
| | ACC Expert Consensus Decision Pathway on Tobacco Cessation Treatment (2018) | American College of Cardiology (ACC) | https://www.jacc.org/doi/pdf/10.1016/j.jacc.2018.10.027 |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|--|---|--|---|
| Electronic Cigarettes | Electronic Cigarettes | Centers for Disease Control and Prevention (CDC) | https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm |
| All states offer free smoking cessation telephone quit line services. Dialing 1-800-QUIT NOW will connect the caller to their state quit line. | | | |
| WOMEN'S HEALTH | | Return to table of contents | |
| Routine Antepartum Care | American Academy of Pediatrics, Guidelines for Perinatal Care, Eighth Edition (September 2017) | American Academy of Pediatrics (AAP) & American Congress of Obstetrics and Gynecology (ACOG) | https://shop.aap.org/guidelines-for-perinatal-care-8th-edition-ebook/ Members only |
| Equity in Reproductive Health Care | Importance of Social Determinants of Health and Cultural Awareness in the Delivery of Reproductive Health Care (January 2018) | American Congress of Obstetrics and Gynecology (ACOG) | https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2018/01/importance-of-social-determinants-of-health-and-cultural-awareness-in-the-delivery-of-reproductive-health-care.pdf |
| Preventive Care | Women's Preventive Services Guidelines. (Last Reviewed 2022) | Health Resources and Services Administration (HRSA) | https://www.hrsa.gov/womens-guidelines-2016/index.html |
| Cancer Screening | Women's Health Care Physicians: Cervical Cancer FAQs (April 2021) | American Congress of Obstetrics and Gynecology (ACOG) | https://www.acog.org/Patients/FAQs/Cervical-Cancer |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|-------------------------------|--|---|---|
| | Cervical Cancer: Screening (August 2018) | U.S. Preventive Services Task Force (USPSTF) | https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/cervical-cancer-screening |
| Diabetes and Pregnancy | Management of Diabetes in Pregnancy (January 2022) | American Diabetes Association (ADA) | https://diabetesjournals.org/clinical/article/40/1/10/139035/Standards-of-Medical-Care-in-Diabetes-2022 |
| | Gestational Diabetes Mellitus, Screening (August 2021) | United States Preventive Services Task Force (USPSTF) | https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/gestational-diabetes-mellitus-screening?ds=1&s=gestational%20diabetes |
| | Gestational Diabetes | American Congress of Obstetrics and Gynecology (ACOG) | https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/02/gestational-diabetes-mellitus Members only |
| Obstetrical Care | Guidelines for Antenatal Care | American Congress of Obstetrics and Gynecology (ACOG) | https://www.acog.org/Search?Keyword=antenatal&Topics=906bff1e-0656-4579-a7df-4a22f9bce483#q=antenatal%20care&sort=relevancy |
| | WHO recommendations for Prevention and treatment of pre-eclampsia and eclampsia (2011) | World Health Organization (WHO) | http://whqlibdoc.who.int/publications/2011/9789241548335_eng.pdf |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|-------------------|---|---|---|
| | Committee Opinion 455. Magnesium Sulfate Before Anticipated Preterm Birth for Neuroprotection (Reaffirmed 2020) | American Congress of Obstetrics and Gynecology (ACOG)/ Society for Maternal Fetal Health (SMFH) | https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Magnesium-Sulfate-Before-Anticipated-Preterm-Birth-for-Neuroprotection |
| | Pre-Gestational Diabetes Mellitus Number 201 (December 2018) | American Congress of Obstetrics and Gynecology (ACOG) | https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/12/pregestational-diabetes-mellitus Members only |
| | Management of Preterm Labor Number 171 (Reaffirmed 2018) | American Congress of Obstetrics and Gynecology (ACOG) | https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2016/10/management-of-preterm-labor Members only |
| | Chronic Hypertension in Pregnancy (January 2019) | American Congress of Obstetrics and Gynecology (ACOG) | https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2019/01/chronic-hypertension-in-pregnancy Members only |
| | Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic Practice. Number 633 | American Congress of Obstetricians and Gynecologists (ACOG) | https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Ethics/Alcohol-Abuse-and-Other-Substance-Use-Disorders-Ethical-Issues-in-Obstetric-and-Gynecologic-Practice |

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|-------------------|---|--|---|
| | (Reaffirmed 2018) | | |
| | Guidelines for the identification and management of substance use and substance use disorders in pregnancy (2014) | World Health Organization (WHO) | http://apps.who.int/iris/bitstream/10665/107130/1/9789241548731_eng.pdf?ua=1 |
| | Substance Abuse and Mental Health Services Association Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants (May 2018) | Substance Abuse and Mental Health Services Association | https://store.samhsa.gov/sites/default/files/d7/priv/sma18-5054.pdf |
| | Committee Opinion 749 Marriage and Family Building Equality for Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual, and Gender Nonconforming Individuals (August 2018) | American Congress of Obstetrics and Gynecology (ACOG) | https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2018/08/marriage-and-family-building.pdf |

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|---|--|---|---|
| | Committee Opinion 749 Health Disparities in Rural Women (February 2014) | American Congress of Obstetrics and Gynecology (ACOG) | https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2014/02/health-disparities-in-rural-women.pdf |
| Smoking Cessation during Pregnancy | Tobacco and Nicotine Cessation During Pregnancy ACOG. Number 807 (May 2020) | American Congress of Obstetrics and Gynecology (ACOG) | https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy |
| | Need Help Putting Out That Cigarette? | American Congress of Obstetrics and Gynecology (ACOG) | http://www.tobacco-cessation.org/PDFs/NeedHelpBooklet.pdf |
| | Smoking Cessation for Pregnancy and Beyond: A Virtual Clinic,” an Innovative Web-Based Training for Healthcare Professionals | Dartmouth Medical School | https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4394722/ |
| OTHER TECHNOLOGY Return to Table of Contents | | | |
| | Guidelines for the Practice of Telepsychology (2013) | American Psychological Association (APA) | https://s21151.pcdn.co/wp-content/uploads/APA-Guideline-for-the-Practice-of-Telepsychology.pdf |

Date reviewed January 2022

Date adopted July 2022

| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|-------------------|--|--|---|
| | Best Practices in Videoconferencing-Based Telemental Health (April 2018) | American Psychiatric Association (APA) and American Telemedicine Association (ATA) | https://s21151.pcdn.co/wp-content/uploads/APA-ATA-Best-Practices-in-Videoconferencing-Based-Telemental-Health.pdf |
| | AACAP's Telepsychiatry Toolkit | American Academy of Child & Adolescent Psychiatry (AACAP) | https://www.aacap.org/AACAP/Clinical_Practice_Center/Business_of_Practice/Telepsychiatry/toolkit_videos.aspx |
| | Telehealth in Oncology: ASCO Standards and Practice Recommendations (September 2021) | American Society of Clinical Oncology (ASCO) | https://ascopubs.org/doi/full/10.1200/OP.21.00438 |
| | Using Telehealth to Care for Patients During the COVID-19 Pandemic (December 2020) | American Academy of Family Physicians (AAFP) | https://www.aafp.org/family-physician/patient-care/current-hot-topics/recent-outbreaks/covid-19/covid-19-telehealth.html |
| | Standards for Technology in Social Work Practice (2017) | National Association of Social Workers (NASW), Association of Social Work Boards (ASWB), Council on Social Work Education (CSWE) & Clinical Social Work Affiliation (CSWA) | https://s21151.pcdn.co/wp-content/uploads/nasw-technology-standards.pdf |