

Follow-Up After Hospitalization for Mental Illness (FUH) HEDIS®/Quality Assurance Reporting Requirements (QARR) measure tip sheet

Highmark Blue Cross Blue Shield of Western New York partners with Amerigroup companies to administer certain services to Medicaid Managed Care (MMC) and Child Health Plus (CHPlus) members. Please note, this information is specific to the MMC and CHPlus programs only.

What we Measure

We capture the percentage of discharges for members ages 6 and older who were hospitalized for the treatment of selected mental illness or intentional self-harm and who had a follow-up visit with a mental health provider. The follow-up visit must be on a different date than the discharge date. Two percentages are measured and reported:

- Discharges for which members had a follow-up visit within seven days after discharge
- Discharges for which members had a follow-up visit within 30 days after discharge

FUH is a HEDIS/QARR measure. See the [National Committee for Quality Assurance \(NCQA\) website](#) for more details¹.

Why it Matters

About 1 in 5 Americans experience mental illness in a given year, according to the [Centers for Disease Control and Prevention \(CDC\)](#)². Mental illnesses are the **third most common cause of hospitalization**³ in the U.S. for those ages 18 to 44. According to NCQA, individuals hospitalized for mental illness are vulnerable after discharge. Timely follow-up visits with qualified mental health providers are critical for their well-being.

Eligible Population

Members ages 6 and older as of the discharge date are included in this measure.

Note: This measure is based on the number of discharges, not number of members. Members with multiple discharges can be included in the measure multiple times.

HEDIS®/QARR is a registered trademark of the National Committee for Quality Assurance (NCQA).

1. "Follow-up after Hospitalization for Mental Illness." NCQA, 3 Feb. 2023, [ncqa.org/hedis/measures/follow-up-after-hospitalization-for-mental-illness](https://www.ncqa.org/hedis/measures/follow-up-after-hospitalization-for-mental-illness).
2. "About Mental Health." *Centers for Disease Control and Prevention*, Centers for Disease Control and Prevention, 25 Apr. 2023, [cdc.gov/mentalhealth/learn/index.htm](https://www.cdc.gov/mentalhealth/learn/index.htm).
3. "Data and Statistics." *Centers for Disease Control and Prevention*, Centers for Disease Control and Prevention, 28 Apr. 2023, [cdc.gov/mentalhealth/data_publications/index.htm](https://www.cdc.gov/mentalhealth/data_publications/index.htm).

<https://providerpublic.mybcbswny.com>

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NYWEST-CD-042079-23 February 2024

Best Practice and FUH Measure Tips:

- Check that the member has a plan for a follow-up visit with a mental health practitioner within 7 and 30 days after discharge. This may include an intensive outpatient program, partial hospitalization program, community mental health center, electroconvulsive therapy, or a telehealth visit.
- Before discharging the member, schedule a follow-up appointment. Contact the member before the visit to remind them.
- Educate inpatient and outpatient providers about clinical practice guidelines and this measure.
- Submit claims and encounter data in a timely manner.

Mental Health Providers

The following providers can perform the FUH: psychologist, psychiatrist, clinical social worker, mental health occupational therapist, psychiatric/mental health nurse practitioner/clinical nurse specialist, neuropsychologist, psychoanalyst, professional counselor, marriage, and family therapist.

Measure Codes:

Services	CPT®/HCPCS
Transitional care management services	CPT: 99495, 99496
Telephone visits	CPT:98966, 98967, 98968, 99441, 99442, 99443
Telehealth POS	02,10
Visit setting unspecified	CPT: 90791, 90792, 90832, 90833, 90834, 90836, 90837,90838, 90839, 90840, 90845, 90847, 90849, 90853, 90875, 90876, 99221, 99222, 99223, 99231, 99232, 99233, 99238,99239, 99251, 99252, 99253, 99254, 99255

Description	ICD-10
Mental illness	F20.0-F20.3, F20.5, F20.81, F20.89, F20.9, F21, F22, F23, F24, F25.0, F25.1, F25.8, F25.9, F28, F29, F30.10-F30.13, F30.2-F30.4, F30.8, F30.9, F31.0, F31.10-F31.13, F31.2, F31.30-F31.32, F31.4, F31.5, F31.60-F31.64, F31.70-F31.78, F31.81, F31.89, F31.9, F32.0-F32.5, F32.8, F32.81, F32.89, F32.9, F32.A, F33.0-F33.3, F33.40-F33.42, F33.8, F33.9, F34.0, F34.1, F34.81, F34.89, F34.9, F39, , F42.2-F42.4, F42.8, F42.9, F43.0, F43.10-F43.12, F43.20-F43.25, F43.29, F43.8, F43.81, F43.9, F44.89, , F53.0,F53.1, F60.0-F60.7, F60.81, F60.89, F60.9, F63.0-F63.3, F63.81, F63.89, F63.9, F68.10-F68.13, F68.8, F68.A, F84.0, F84.2, F84.3, F84.5, F84.8, F84.9, F90.0-F90.2, F90.8, F90.9, F91.0-F91.3, F91.8, F91.9, F93.0, F93.8,F93.9, F94.0-F94.2, F94.8, F94.9

Description	ICD-10
Mental health diagnosis	F03.90, F03.91, F03.911, F03.918, F03.92-F03.94, F03.A0, F03.A11, F03.A18, F03.A2-F03.A4, F03.B0, F03.B11, F03B18, F03.B2-F03.B4, F03.C0, F03.C11, F03.C18, F03.C2-F03.C4, F20.0-F20.3, F20.5, F20.81, F20.89, F20.9, F21-F24, F25.0, F25.1, F25.8, F25.9, F28, F29, F30.10-F30.13, F30.2-F30.4, F30.8, F30.9, F31.0, F31.10-F31.13, F31.2, F31.30-F31.32, F31.4, F31.5, F31.60-F31.64, F31.70-F31.78, F31.81, F31.89, F31.9, F32.0-F32.5, , F32.81, F32.89, F32.89, F32.9, F32.A, F33.0-F33.3, F33.30-F33.42, F33.8-F34.1, F34.81, F34.89, F34.9, F39, F40.00-F40.02, F40.10, F40.11, F40.210, F40.218, F40.220, F40.228, F40.230-F40.233, F40.240-F40.243, F40.248, F40.290, F40.291, F40.298, F40.8, F40.9, F41.0, F41.1, F41.3, F41.8, F41.9, F42.2- F42.4, F42.8 - F43.0, F43.10 - F43.12, F43.20 - F43.25, F43.29, F43.8, F43.81, F43.89, F43.9, F44.0 - F44.7, F44.81, F44.89, F44.9 - F45.1, F45.20- F45.22, F45.29, F45.41 - F45.42, F45.8 - F45.9, F48.1 - F48.2, F48.8 - F48.9, F50.00 - F50.02, F50.2, F50.81-F50.82, F50.89-F50.9, F51.01- F51.05, F51.09, F51.11- F51.13, F51.19, F51.3 - F51.5, F51.8- F51.9, F52.0, F52.1, F52.21- F52.22, F52.31- F52.32, F52.4- F52.6, F52.8 - F52.9, F53.0-F53.1, F59, F60.0 - F60.7, F60.81, F60.89, F60.9, F63.0 - F63.3, F63.81, F63.89, F63.9 - F64.2, F64.8, F64.9, F65.0 - F65.4, F65.50 - F65.52, F65.81, F65.89, F65.9, F66, F68.10- F68.14, F68.8, F68.A, F69, F80.0 - F80.4, F80.81, F80.82, F80.89, F80.9, F81.0, F81.2, F81.81, F81.89, F81.9, F82, F84.0, F84.2- F84.5, F84.8- F84.9, F88, F89, F90.0 - F90.2, F90.9- F90.9, F91.0 - F91.4, F91.9- F91.9, F93.0, F93.8 - F93.9, F94.0 - F94.2, F94.8- F94.9, F95.0- F95.2, F95.8- F95.9, F98.0- F98.01, F98.21, F98.29, F98.3- F98.5, F98.8- F98.9, F99

The codes and measure tips listed are informational only, not clinical guidelines or standards of medical care, and do not guarantee reimbursement. The information provided is based on HEDIS/QARR MY 2023 technical specifications and is subject to changed. Please refer to the appropriate agency for additional guidance.

For additional resources, visit the American Academy of Child & Adolescent Psychiatry: aacap.org.