

## **HEDIS®/Quality Assurance Reporting Requirements (QARR) Hypertension Measures: BPD and CBP**

Highmark Blue Cross Blue Shield of Western New York (Highmark BCBSWNY) partners with Amerigroup companies to administer certain services to Medicaid Managed Care (MMC) and Child Health Plus (CHPlus) members. Please note, this information is specific to the MMC and CHPlus programs only.

Having high blood pressure, or hypertension, can cause serious heart problems if it remains uncontrolled. Nearly half of the adults in the United States have uncontrolled hypertension and in 2020, over 670,000 deaths in the US had hypertension noted as the primary or related cause.<sup>1</sup> People with diabetes are twice as likely to have high blood pressure. About two-thirds of adults with diabetes also have hypertension.<sup>2</sup>

The following HEDIS/QARR measures help us to assess the percentage of our eligible membership that has adequately controlled their blood pressure during the measurement year. By working together, we can continue to improve the health and quality of life for Highmark BCBSWNY members.

### **Controlling High Blood Pressure (CBP)**

The CBP measure assesses the rate of members ages 18 to 85 with a diagnosis of hypertension whose blood pressure (BP) is adequately controlled (< 140/90 mm Hg) as of December 31st of the measurement year.

### **Blood Pressure Control for Patients with Diabetes (BPD)**

The BPD measure assesses the percentage of members ages 18 to 75 with a diagnosis of diabetes (type 1 and type 2) whose BP is adequately controlled (< 140/90 mm Hg) as of December 31st of measurement year.

### **Measure Tips:**

- Use CPT® II codes on the claim to report BP readings.
- If the initial BP is > 140/90, retake after the patient has had time to rest. If it remains elevated, ensure they follow up for a re-check.
- Document the exact reading, do not round.
- If multiple BP readings are noted during one visit, report the lowest systolic and lowest diastolic.

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<sup>1</sup> <https://www.cdc.gov/bloodpressure/facts.htm>

<sup>2</sup> <https://www.hopkinsmedicine.org/health/conditions-and-diseases/diabetes/diabetes-and-high-blood-pressure>

### **<https://providerpublic.mybcbswny.com>**

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- For member reported readings, ensure the date the BP was taken is indicated in the chart.

**CPT II Codes:**

<b>CPT II Code</b>	<b>Systolic Reading</b>
3074F	< 130 mm Hg
3075F	130 to 139 mm Hg
3077F	≥ 140 mm Hg
<b>CPT II Code</b>	<b>Diastolic Reading</b>
3078F	< 80 mm Hg
3079F	80 to 89 mm Hg
3080F	≥ 90 mm Hg

**Exclusions:**

- Evidence of end stage renal disease (ESRD), dialysis, nephrectomy, or kidney transplant.
- Diagnosis of pregnancy during the measurement year.
- Having a non-acute inpatient admission during the measurement year.
- Received hospice or palliative care during the measurement year.



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