

# HEDIS<sup>®</sup> Behavioral Health Measures — Adult

## FOLLOW-UP AFTER HOSPITALIZATION FOR MENTAL ILLNESS (FUH)

Patients who were hospitalized on a psychiatric unit must be seen by a psychiatric specialist within seven days after discharge. Outpatient providers can help members remain stable in the community.



A psychiatric specialist is defined as a licensed mental health counselor, licensed clinical social worker, licensed marriage and family therapist, advanced practice registered nurse, psychologist, or psychiatrist.

## ANTIDEPRESSANT MEDICATION MANAGEMENT (AMM)

Patients prescribed antidepressants should be carefully and systematically monitored on a regular basis to assess their response to the medication, identify and monitor side effects, and assess patient safety.

Patients must be given education about depression and prescribed medications. Please document all behavioral health education in the patient's medical record.

## INITIATION AND ENGAGEMENT OF SUBSTANCE USE DISORDER TREATMENT (IET)

Patients who have been newly diagnosed with a substance use disorder are recommended to be seen within 14 days for a follow-up visit. Following this, at least two additional visits are recommended within 30 days of the initial visit. All visits must be documented with a substance use diagnosis.



All patients attending mental health treatment should be screened for substance use at intake.





## DIABETES SCREENING FOR PEOPLE WITH SCHIZOPHRENIA OR BIPOLAR DISORDER WHO ARE USING ANTIPSYCHOTIC MEDICATIONS (SSD)

Patients diagnosed with schizophrenia, schizoaffective, or bipolar disorder and prescribed an antipsychotic are at a higher risk of developing diabetes. Administer a glucose test or an HbA1c test at least once a year to screen for diabetes. If screening indicates the member has diabetes, the member should be monitored for diabetes.



## DIABETES MONITORING FOR PEOPLE WITH DIABETES AND SCHIZOPHRENIA (SMD)

Based on best practice protocols for patients being monitored for diabetes and schizophrenia or schizoaffective disorder, patients should receive:

- An HbA1c test at least once a year.
- An LDL-C test at least once a year.
- records if received elsewhere (for example, health departments)

## CARDIOVASCULAR MONITORING FOR PEOPLE WITH CARDIOVASCULAR DISEASE AND SCHIZOPHRENIA (SMC)

- Patients diagnosed with schizophrenia or schizoaffective disorder and have cardiovascular disease: Administer an LDL-C test at least once a year to screen for cardiovascular disease.



## ADHERENCE TO ANTIPSYCHOTIC MEDICATIONS FOR INDIVIDUALS WITH SCHIZOPHRENIA (SAA)

Patients diagnosed with schizophrenia and prescribed antipsychotic medication are to be supported on a regular basis so that they remain at least 80% adherent with medication during the treatment period.

**If you have questions, contact your local Provider Relations representative or Provider Services at 866-231-0847.**

<https://providerpublic.mycbbswny.com>

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