

Who can get these services?

Children and Youth (under age 21) who are covered by Medicaid and have mental health and/or substance use needs can get Children and Family Treatment and Support Services at no additional cost. These services are covered by regular Medicaid or, if enrolled in a Medicaid Managed Care plan*, these services are available through the health plan.

How will these services help?

These children's services meet the individual needs of children and their families/caregivers by:

- Identifying mental health and/or substance use needs early
- Providing support in the home and community
- Preventing the need for emergency room visits, hospital stays, or out of home placements

*What is a Medicaid Managed Care Plan?

Medicaid Managed Care Plans are health insurance companies that oversee and coordinate care. Children and youth who are enrolled in a Medicaid Managed Care Plan will get most of their Medicaid benefits through that health plan.

To find out more about Children and Family Treatment and Support Services, contact your health-care provider, Health Home care manager, care coordinator, or Medicaid Managed Care Plan.

NYS Children's Medicaid Children and Family Treatment and Support Services

Information for Children/Youth and Families



Your local provider:



Children and Family Treatment and Support Services

These new mental health and substance use services, available with NYS Children's Medicaid, give children/youth (under age 21) and their families the power to improve their health, well-being and quality of life. These services strengthen families, and help them make informed decisions about their care. Services are provided at home or in the community.

Therapy Services

(Other Licensed Practitioner)

- Assessments for mental health and/or substance use needs
- Identify strengths and abilities through individual and group therapies
- Get individual, group, or family therapy where you are most comfortable

Rehabilitation Services

(Psychosocial Rehabilitation and Community Psychiatric Supports & Treatment)

- Learn to incorporate therapy goals into everyday life and receive extra support managing medication
- Build relationships and communicate better with family, friends and others
- Learn self-care, and use coping skills to manage emotions

Family Peer Support Services

(Anticipated to Begin July 2019)

- Get support if you are raising youth with mental health and/or substance use challenges
- Provided by a Credentialed Family Peer Advocate/Certified Recovery Peer Advocate who has similar experiences
- Get support and assistance with:
 - Locating information and resources available to meet the youth/family's needs
 - Making informed decisions
 - Building and strengthening natural supports and resources